

Education Handout Myers' Cocktail

Myers' Cocktail consists of magnesium, calcium, vitamin B-5 (dexpantenol), vitamin B-6 (pyridoxine), vitamin B-12 (hydroxycobalamin), vitamin B complex, and Vitamin C. It is an IV vitamin therapy that promotes healing and replenishes energy.

Conditions that may be improved with Myers' Cocktail

- Chronic Fatigue
- Chronic Depression
- Acute or chronic muscle spasm
- Fibromyalgia
- Migraine Headaches
- Narcotic withdrawal
- Seasonal allergic rhinitis
- Respiratory Problems
- Asthma
- Cardiovascular Disease
- Ischemic vascular disease
- Congestive Heart Failure
- Athletes who need quick recovery
- Acute viral illness/colds
- Acute Infections

What is the duration of treatment?

Patients vary in the number of treatments needed, but most require 1 to 2 times per week. Some patients experience improvements after only one treatment, and many report significant healing by the fourth infusion. People with chronic conditions may need ongoing treatment of several IV's per week, or periodically every few weeks to regain their energy.

Side effects:

Myers' Cocktail carries a low risk of serious adverse reactions. Most commonly reported is a warmth and flushing or vitamin taste in mouth.